

Yoga Student Information and Waiver Agreement

This information will be kept confidential. It will only be used in relation to participation in and communication about yoga classes.

Contact details:

Name: _____ Birthday: _____ (day/month/year)

Phone: _____ Email: _____

Do you want to receive emails about: Weekly yoga tips Yoga for Trampers updates

How did you hear about these classes? _____

Emergency Contact:

Name: _____ Phone: _____ Relationship: _____

Yoga experience and health:

Have you done yoga before? yes no

Do you have any health conditions / injuries / pain (current or past)? yes no

If yes, please provide brief details: _____

Are you pregnant or could you be pregnant? yes no

Waiver

I agree and acknowledge that participation in any yoga exercises could constitute a risk of serious injury to myself and I accept and assume this risk. I agree that Megan Sety, any contractors and the hosting facility shall not be liable or responsible for any injury, damage or loss, to person or property, however it may arise. I have read, understood and agree to the terms of this agreement.

Signature: _____ Date: _____

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